



Divine Love Institute™

A Center for Empowerment

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The Benefits of Gendai Reiki Ho

By Nancy Livingston & Nancy Duke
Founders and Teachers at Divine Love Institute™

First, what is Reiki?

Reiki is a natural healing system that can be used for relaxation, relieving stress and has been known to promote well-being. Both powerful and gentle, Reiki has a rich history of aiding and helping one to heal from virtually every known illness and injury including life-threatening challenges and works in harmony with other kinds of treatment. Performed by working in the aura and/or "laying on of hands," methods such as Reiki have been known and practiced throughout ancient times.

Spiritual in nature, Reiki provides compassion and love to both the practitioner and client and does not conflict with religious beliefs, which means Reiki practitioners can be found among people from a variety of faiths and cultures. Because Reiki is guided by spiritual consciousness, it can never cause harm and will adjust itself to what is appropriate for each individual. It is always helpful and safe. Giving a Reiki session increases one's energy and leaves one surrounded with loving feelings of well-being.

A little history about Eastern and Western Reiki.

We have become known as the "go to place" for Eastern **Gendai Reiki Ho** Certification Training and are honored to share this pure and powerful lineage.

Our personal stories of how we originally found Reiki and its impact on our lives will be shared at a later time, what's important here is to explain why we have committed to practice and teach Eastern Gendai Reiki Ho, after a long journey through all kinds of Reiki.

We began our search by taking Reiki from other Reiki Master Teachers. As of this writing, we have taken Reiki nine times from start to finish. Each time was a totally different experience.

The first thing we were surprised to discover is that ***all Reiki is not the same***. Each training we experienced was different, myths, legends and superstitions passed along were different, knowledge and techniques were different, attunements felt different and affected us in different ways.

With each training we experienced, Reiki felt different to us and others noticed this within us as well. This led us to what has been an amazing discovery.

To our astonishment we were enlightened to the fact that in Japan, you teach as you are taught and this is reflected in your Lineage really simple and to the point.

If you are not teaching as you were taught, you are altering the teachings and are considered to be an “independent” or “Free Line” Reiki Teacher.

The question is, are you passing along the teachings as you were taught without alterations?

If the original teachings are passed down in pure form as they have been passed along to you, this is what keeps the intention, teachings and the energy “pure” or “original.”

If the teachings have been altered then the teacher is originating their own system and beginning their own lineage, and now known as independent or free line Reiki teachers.

Well no wonder each Reiki training (before Gendai) produced a different experience! The teachings were altered.

Western Reiki

In the West the Reiki Master Teacher presents their students with a lineage but the teachings have been altered and mostly you don't know who altered or where the alterations have occurred or what they altered.

Western teachers have been known to alter or add symbols, delete or reinterpret original Japanese techniques and understandings and replace with their own techniques or add techniques and teachings from other modalities that have nothing to do with Reiki.

So, we could conclude that a Western Reiki Lineage indicates who the Reiki Master Teacher studied with. It is not an indication of how much of the original Usui Teachings understandings, techniques or energy are being passed along.

Most students of Western Reiki have the name of Mrs. Takata in their Lineage. It is well-known and widely written about the fact that Mrs. Takata altered her teachings and, of course, passed this along to others who have in-turn altered theirs.

In Japan, Mrs. Takata is considered to be the founder of Western Reiki.

Eastern Gendai Reiki Ho – The Purest & Original Japanese Teachings & Techniques

Our Reiki training was passed down from Mikao Usui and updated by Hiroshi Doi. At Divine Love Institute™ you'll become a part of the original lineage from Mikao Usui and experience this pure energy transmission.

Eastern and Western Reiki philosophy differs greatly but sometimes the differences seem subtle at first glance (we go further into this aspect of Reiki in our training). When we studied with Hiroshi Doi we found what we were searching for, our questions were answered, we no longer felt incomplete and we had found teachings that made complete sense, were simple to understand, easy to pass along and the techniques and processes were passed down from the time of Usui Sensi **without modifications**.

We knew the true history of Reiki (without the myth, legend and superstition) and we learned:

- The history of the symbols (where they originally came from, why they were created and ways to use them which differed from Western Reiki)
- The Dento Japanese Techniques (from original Usui Teachings) and we learned them without modification.
- The difference between Eastern and Western Reiki.
- Our Reiki Lineage (which is passed down through the Gakkai which is the Society founded by Usui Sensi himself)
- To awaken and activate the Reiki within you through Energy Transmission.

“The energy lineage of Gendai Reiki Ho can be traced back directly to Usui Sensi. Gendai Reiki Ho includes Dento-style Reiki practices and some Western-style Reiki techniques. It is structured in such a way as to both support the healing of the body and mind and to encourage spiritual growth ...”

In Gendai Reiki Ho, when you become a Shihan (Teacher) you sign a promisory note that you will maintain the integrity of Gendai Reiki teachings as you have been taught using the Manuals from Japan and not add your own teachings. This maintains the purity and integrity of Usui Sensi’s original teachings and the teachings of Gendai Reiki Ho.

10 Reasons to Learn Gendai Reiki Ho At Divine Love Institute™

1. Gendai Reiki is a natural healing system anyone can learn.
2. Receive an Energy Transmission to open and purify your reiki pathway to enable a clear flow and develop your reiki healing ability.
3. Learn techniques taught by Usui Sensi **without modifications**.
4. Deepen your spiritual connection and develop your intuition.
5. Learn how you can release emotional blocks and alleviate stress with Reiki.
6. Learn how you as the healer, and the healee can experience healing at the same time.
7. Learn the true history of Usui Reiki as passed down through the Gakkai (the Society founded by Mikao Usui Sensi).
8. Learn the origin of the Usui Reiki Symbols, the purpose they serve and how to utilize them.
9. Learn how you can resonate with Universal Reiki and experience health, happiness, a feeling of wellbeing and peace of mind (Anshin Ritsumei).
10. Gendai Reiki Lineage.

Reiki Lineage of Gendai Reiki Ho

Energy Transmission

Mikao Usui

Founder of Usui Reiki Ryo-ho

First President of the Usui Reiki Ryo-ho Gakkai



Kanichi Taketomi

3rd President of the Usui Reiki Ryo-ho Gakkai



Kimiko Koyama

6th President of the Usui Reiki Ryo-ho Gakkai



Hiroshi Doi

Founder of Gendai Reiki Ho (Dento Reiki)

Member of Usui Reiki Ryo-Ho Gakkai

President of Gendai Reiki Healing Association



Nancy Haney Duke, Shihan and Nancy Livingston, Shihan

Founders of Gendai Reiki Ho Florida Association

At Divine Love Institute™



YOU!

Learn Gendai Reiki Ho Reiki at Divine Love Institute™ and become a part of an amazing Lineage that originates with Usui Sensi and is passed down through the very Society founded by Usui Sensi himself.

**▶ CLICK HERE NOW to Apply & Join Us at Divine Love Institute
Or Call 954-920-0050**